

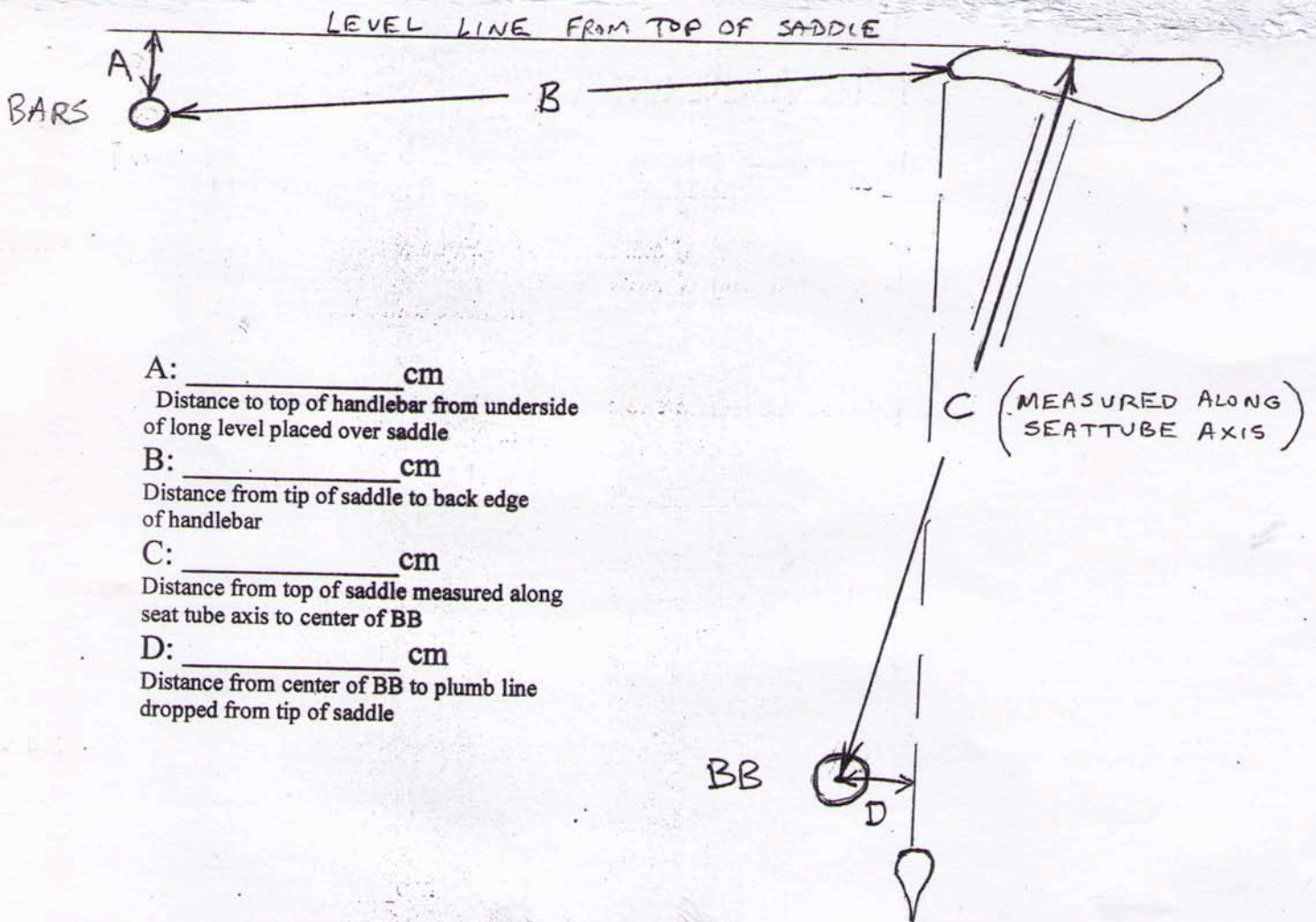
Fit Like a Glove: Where Body Meets Bike

Framebuilder Charlie Cunningham's four essential measurements for transferring the good fit from a known, familiar bike to a new bike.

Begin by placing your old bicycle on a leveled 2x6" board. Take the measurement below. Then, with new bike on the board, choose a stem, seatpost and saddle that will replicate these handlebar and saddle positions.

Tools needed:

a long carpenter's level, a plumb line (use a one-ounce rock on string),
a measuring tape, and a 2x6" board



- A: _____ cm
Distance to top of handlebar from underside of long level placed over saddle
- B: _____ cm
Distance from tip of saddle to back edge of handlebar
- C: _____ cm
Distance from top of saddle measured along seat tube axis to center of BB
- D: _____ cm
Distance from center of BB to plumb line dropped from tip of saddle